THE NORTH WEST TACOMA FACTS

10c "BRIDGING THE COMMUNICATION GAP" 10c

Volume 2 Number 35 | PUBLISHED WEEKLY IN TACOMA, WASH. 1325 South K St. MA 7-5597 | August 17, 1972

Serving Tacoma Residents and Fort Lewis Personnel

Y.E.S. Receives Certificates

On August 2, 1972 the ten orginal YES youth staff received certificates, certifying that they have completed training as Junior Personnel Technicians.

The certificates were signed by Mayor Gordon Johnston; George H. Weyerhaeuser, former Metropolitan Chairman of the National Alliance of Businessmen; William Wade, Metropolitan Director of the National Alliance of Businessmen. The ten honored were; Curtis Robinson, office manager; Jeanyne Jackson, assistant office manager; Mike Richardson, counseling section chief; Jacqueline Singleton, clerk typist and receptionist; Harryette Jeffries, counselor; Frankie Smith, YES secretary; Ophelia Matthews, work experience counselor; Debra Ross, YES reporter; and Renee Robertson, research specialist.

The ten youth were awarded their certificates at the Weyerhaeuser Company after which they had the pleasure of having lunch and touring the Weyerhaeuser building. This important occasion was a rewarding experience for the ten youth being honored.

The ten youth would like to say "thank you" to all those who made it possible for them to receive their certificates through 110 hours of Junior Personnel Technician training.

So come on community let's get together. "Help mold a man. Give a kit a job this summer." Contact YES at MA 7-6178.

People In Need

David Tatelman, Democratic candidate for 27th District Senator is pictured showing his new sign to Lilian Jasper, his campaign manager.

David is making a serious effort to discuss, find, and use the best methods to solve the problems of the PEOPLE - minorities, poor, and any PEOPLE IN NEED.

Mrs. Jasper is coordinating neighborhood coffees and speaking engagements for the voters to meet the candidate, along with other fund raising and "know your candidate" projects.

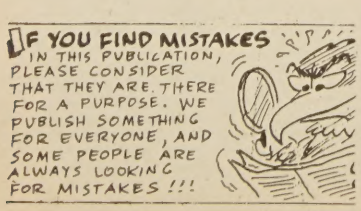
Model Neighborhood Youths board bus on one of several outings sponsored by Malcom X Center.

NOTICE

The Human Relations Commission of the City of Tacoma will hold its regular monthly meeting, Thursday, 17 August 1972 at 4:00 p.m.

The meeting will be held at 955 Tacoma Ave. South, Suite 303.

The Public is cordially invited to attend this meeting.


IF YOU FIND MISTAKES IN THIS PUBLICATION, PLEASE CONSIDER THAT THEY ARE THERE FOR A PURPOSE. WE PUBLISH SOMETHING FOR EVERYONE, AND SOME PEOPLE ARE ALWAYS LOOKING FOR MISTAKES !!!

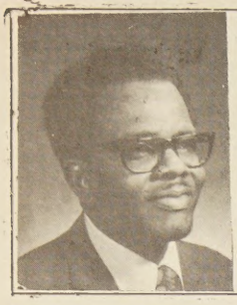
Lavelle Whitten receiving facial treatment from Yolanda Cowan at recent Hair and Skin Seminar held at Ed Taylors Barber Shop and Beauty Salon, 23rd and South Kay St. Mitch Mayes questions Yolanda concerning effects of facial treatment.

Mr. & Mrs. Audry L. William, Sr., Celebrates 25th Wedding Anniversary

Mr. & Mrs. Audry L. Williams, Sr., of 2319 So. Sheridan, Tacoma, Wash., will be celebrating their 25th Wedding Anniversary with a host of relatives and friends at the Amvet Hall with a formal dinner Reception Saturday, August 19, 1972 at 7 p.m.

The Williams were Married at Ft. Lawton, Wash. Making their home in Tacoma, Wash. Mr. Williams was in the service of the U.S. Army for 20 years. Retiring in 1967; he is presently employed at Northwestern Glass Company of Seattle.

The couple have one child Audry Lawrence Williams, Jr., of Tacoma, Wash. Four Godchildren Carol King of Tacoma; Ulysses Johnson of Tacoma; Mrs. Lennel (Geneva) Johnson Hoover of Kent, Wash.; Mrs. Flora Williams of Seattle.



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St. John Baptist Church
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Family Counseling &
Spiritual guidance.
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Pastor
Office... Res.
Ma. 7-6171 LO-4-5486

FOR THE BEST IN SPRITUAL GOSPEL MUSIC

Friday	12:00-6:00 p.m.
Saturday	12:00-6:00 p.m.
Sunday	2:00-6:00 p.m.
Monday	12:00-6:00 p.m.

Closed Tuesday, Wednesday and Thurs
JIM'S GOSPEL RECORD SHOP

The British Are Coming... The British Are Coming

FORT LEWIS, WA.--Seventeen Royal Air Force officers are enlished men will be leaving the United Kingdom on August 9 for a one-month visit to the Army Center of the Northwest.

Scheduled to arrive at McCord AFB on August 11, the Englishmen are members of the RAF Leeming Mountain Rescue Team and are coming to the United States to compare notes with their colonial cousins at Fort Lewis--the 9th Infantry Division Survival Team headed by Captain Thomas A. Staadt.

The 15 enlisted men and two officers, under the command of Wing Commander Whittaker, are planning a month of mountain climbing and survival training on several of Washington's pinnacles, including Mt. Baker, Adams, St. Helens, and the one named for their countryman--Rear Admiral Peter Rainier. They also plan an expedition to Mt. Hood in Oregon, named after another Britisher--Lord Samuel Hood.

The highpoint of their visit, the Mt. Rainier expedition, will be the first they attempt.

Following an operational briefing and equipment check on August 12, the Anglo-American team will depart Fort Lewis by bus early on August 13, for the Paradise Visitor's Center at the 5,000 foot level of Mt. Rainier.

From Paradise, the men will hike to the desolate rest station at Camp Muir, elevation 10,000 feet, where they'll establish a base camp and operational headquarters for the summit assault.

Shortly after midnight August 14, the team will break camp and begin the summit drive.

Capt. Noel Gilbrough, a four-time Rainier Summit visitor and one of two military mountain climbing pros brought in for the expedition explained the reason for the pre-dawn ascent.

"A major consideration in climbing Rainier this late in summer," Gilbrough said, "is the danger of rock and ice falls. As the glaciers begin to heat up during the day, they start to move quite rapidly, as fast as 3 feet a day. A moving glacier cracks and breaks up as it moves down the mountain, dropping tons of ice and rock in front of it.

"The danger of falling pieces of glacier is considerable to men climbing anywhere in front of the moving ice mass. Consequently, we've decided to make a very early ascent which will enable us go get up and down the mountain before the glacier begins to soften in the daytime sun", he said.

Captain Michael Kaczmarek, the other 9th Infantry Division mountaineer par excellence who will provide technical assistance to the climbers, pointed to another difficulty the men will probably encounter.

"The American team members may have a slight advantage since most of us have been to the summit at least once," Capt. Kaczarek said. The RAF men, however, haven't had an opportunity for high altitude training, and while they are in tremendous physical condition, they may have problems with acclimatization at 14,000 feet."

In a letter to Captains Gilbrough and Kaczmarek, Sergeant Dave Wright, one of the coordinators of the transatlantic expedition, also expressed concern about the altitude factor.

Mc HENRY'S BARBER SHOP
Price List: Men $2.00 Youngmen $1.50
Open Monday through Saturday
9:00AM to 9:00PM
SO. 23rd "K" st.

RIGHT ON.

FROM THE PUBLISHERS PEN

Fitzgerald Beaver Publisher and Editor

Black church

The Black Church in America, is an institution of spirit and fervor, of fire and grace. Many Black people who were reared in a church attending atmosphere might recall some of the horrors, as well as delights in attending their worship services. The Baptisms and communions, as well as the Saturday night preparations before wearing their Sunday best.

In Sunday school, songs and Bible verse cards fluttered through the air and waved in the hands of brown, black, tawny, and yellow colored children. Little girls in ruffles and over curled curls, and little boys with careful stocking cap waves in their hair; all joined in the chorus of "Jesus loves me, this I know, For the Bible tells me so." We were young people then, being initiated into the rituals of worship. Between the lollipop prizes for reciting Bible verses, and the award of red, blue, silver or gold stars for attendance, we were well content. "Who made you? God. Who crossed the Red Sea? Moses and the Hebrew children. Who was the mean ole man who didn't want them to go? Pharoah!" Thus we were socialized, and taught the Biblical stories and heroes.

Sunday school could only last so long, before the heavy bosomed missionaries would arrive; informing us of the ten minute break before morning worship. With the last chorus of "Yes Jesus loves me," and the resounding unison of Amen, the rainbow of y o u ngsters galloped unrestrained through the corridors of the church. All of them ran, save perhaps for a fearful few; namely me, myself and I. Not that I didn't want to, I just didn't know if my mama would be watching me, or not. After a brief encounter at the neighborhood store, and a two for a penny sucker, we would again enter the sanctuary to sit with our parents.

The choir would be marching in, any moment, and it is of utmost importance that one is seated, and out of the aisles, during this ritualistic procession. So we sat. Not too close to mama and her summer perfume, and not to close to daddy with his stern hands, ever ready to slap you b a ck in place. We were young upcoming staunch Christians, humming along with the choir as they neared the choir stand.

If you were drowsy, you had better steady yourself. Any minute now, tradition would shriek from the left corner of the room, in the person of Deacon Jones, who would sing a Dr. Watts hymn. The older women in their impeccable white dresses, all had fans in their hands; waving them solemnly as though they were the jewels of their apparel.

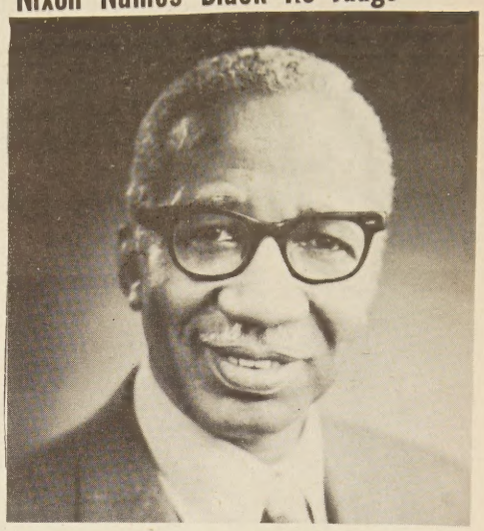
We watched them, and looked up every now and then between our mama's moans, to see Deacon Jones tell the Lord about "when I was a little boy down in the hills of Tennessee/Aahh Raahh, you was a my rock in a weary land/Ahh-Raah, when I was a walking ten miles to that little ole one room school house, you was a my shelter in a time of storm/Whena!Whena! Whena! my poor ole mama died/Ahhh you-a bright and a mornin star, Ohhh! Lawd! . . . .And he went on for another fifteen minutes, celebrating the Black tradition.

The full ritual was incomplete without a haunting solo by a choir member. Afterwards most of the people were crying, or at least sniffling. It was then time to give a monetary offering. In my pocket, underneath the loose potato chips and cookie crumbs, and beneath the two pennies I had stolen from my sisters piggy bank, I had a handkerchief securely tied, with my nickel for an offering in it. I hastily untied the handkerchief, took the nickel out, and loudly plunked the coin into the passing plate-announcing to all, that I had given; had made my contribution towards the maintenance of tradition.

After a rousing selection by the choir, and the festivities of the shouting women, the minister slowly glided to the pulpit, swaying through the nuances of his theme song. With a brief shuffling of papers, a glaring stare at the congregation, and a few coughs. . .he solemnly announced his text. "I choose for my text today, Ahh Brother Daniel in the ah raah Lions Den.

"Preach Reverend!"

Nixon Names Black As Judge



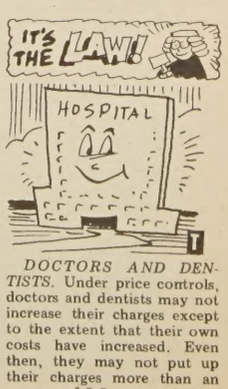
A NEW JUDGE. H. Carle Moultrie, national executive director of Omega Psi Phi Fraternity, has been named by President Nixon to the Washington Superior Court Bench. Moultrie, 57, is an attorney and he is chairman of the District of Columbia Commission on Human Rights, chairman of the Housing and development Corporation, and a member of the Mayor's Economic Development Committee. A native of Tampa, Florida, Moultrie grew up in Wilmington, N.C. He is a graduate of Lincoln University in Pennsylvania. He holds a Master of Arts degree in Business Administration from New York University and has a law degree from Georgetown University.

Valerie Simpson, Removes The Shield

Los Angeles, August 4, -- With the advent of Neil Diamond, Carole King, Bill Withers and others, songwriters are no longer a mystique behind superstars. The cloak and dagger shield has been removed. Today's songwriters have proved that music lovers are as interested in the writers as they are the performers.

Perky Valerie Simpson, who along with partner Nick Ashford makeup one of Motown's most successful writer-producer-arranger teams, has just had her second Tamla album, "Valerie Simpson," released. On the album which she and Ashford penned, produced and arranged, she sings ten totally exciting original tunes.

"We are no longer behind-the-scenes people," Valerie confided while taking a break from rehearsals for her Troubador opening. "We found out last week when Nick and I made an appearance on "Soul At The Center" in New York that the young adults today are interested in where we're coming from.



DOCTORS AND DENTISTS. Under price controls, doctors and dentists may not increase their charges except to the extent that their own costs have increased. Even then, they may not put up their charges more than an average of 2.5 percent in one year.

LOVE THAT HAIR OF YOURS? OTHERS WILL TOO... USE PRO-LINE HAIR PRODUCTS AND "MAKE A GOOD THING BETTER"

PRO-LINE HOLDING SPRAY
A non-flaking protein enriched spray containing no water or lacquer. Ideal for all hair types. Great for any weather.

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A multipurpose conditioner for relief of dry itchy scalp. Replaces natural oil lost from bleaching, processing or permanents. Available in leatherette can.

PRO-LINE
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ANTISEPTIC SHAMPOO
with Allantoin effective in relief of dandruff and non-pathological scalp conditions

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PROTEIN SHAMPOO
is a highly concentrated shampoo with protein base. The protein replaces lost nutrients and adds body to limp hair.

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Eliminates breakage and softens hair for tangle-free combing. Non-breakable plastic bottle with pump dispenser.

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(Ghetto Records)?
Paaps - I.G.A. Market

Captains Thomas A. Staadt, Noel Gilbrough, Michael Kaczmarek, and Specialist 5 Greg Allen (background) train at Fort Lewis' Cowan Stadium for the upcoming Anglo-American Rainier Summit climb with a group of RAF officers and enlisted men later this month.

Elephant Super CAR WASHES
25th & Pacific

"This will make some happy" "The food King on 12th And "K" is closed."

9th S&T Bn sandmen help Day Care Center Kids

The Fort Lewis Day Care Center recently got a dump truck load of sand from Co B, 9th Supply and Transport Battalion.

Jane Crary, Center employee said, "We've needed the sand all summer, and we hadn't been able to get it."

B Co found out about the problem and donated their time and materials to bring enough sand to fill four sand boxes.

According to Capt Dennis W. Healy of B Co, the men saw the opportunity to perform a community service, and were happy to do the job.

SANDING ORDERS

Sgt James Dyson, S/Sgt Richard Ney and Sgt Roger Gammel of B Co, 9th Supply and Transport Battalion, relax after unloading a truckload of sand for the kids at the Day Care Center. Todd McKeffer, Steven McKeffer and Ginger Coxey just can't wait for it to be loaded into sandboxes.

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Tacoma, Washington

BRIGHT IDEAS

from MARY KAY OSWALD
Manager Consumer Affairs
Reynolds Aluminum

Summer's the time for carefree patio living, travel, fun and games outdoors. If you're looking for some easy shortsteps . . .

you can . . .

- make a self-service patio bar by lining a wheelbarrow with heavy duty aluminum foil. Fill with chopped ice, then canned or bottled beverages.
- keep hot foods hot and delicious longer by wrapping them in foil. Works with cold foods, too. They stay cold longer.
- insulate against ground dampness when camping outdoors by placing sheets of heavy duty aluminum foil under your sleeping bag. Bring up outer edges of the foil about 2 inches. Keeps crawling bugs and insects away, too.
- transform old clay pots, buckets, and cans into beautiful "planters" by covering them with aluminum foil. The foil helps plants retain moisture.
- keep ice in your picnic cooler much longer by bundling it up in a sheet of heavy duty aluminum foil. Pack your beverages, salads, cold cuts, and other perishables in the ice—under the foil. They stay cold and fresh.

Get a job today... that'll get you somewhere tomorrow.

Hundreds of openings like this. (And we'll train you.)

- ☐ Nuclear Technicians
- ☐ Photographers
- ☐ Data Processors
- ☐ Builders
- ☐ Machinists
- ☐ Electricians
- ☐ Equipment Operators
- ☐ Aviation Mechanics
- ☐ Utilitymen
- ☐ Hospital Corpsmen
- ☐ Dental Technicians
- ☐ Cooks
- ☐ Postal Clerks
- ☐ Journalists
- ☐ Radarmen
- ☐ Radiomen

And there are hundreds more to choose from. Jobs where you get some of the best—and maybe the toughest—training in the world.

(Training that makes you a real professional, training that gives you somewhere to go.)

Jobs that start you out at 72 bucks a week and also give you housing, clothing, food, medical and dental attention and 30 paid vacation days a year.

Jobs that can take you around the world and back again. Jobs in the new Navy.

To find out more, check off the job you're interested in and bring this ad to your Navy man. If you don't see the job you want, talk to him about one of the hundreds of others . . . the kinds of jobs that'll take you places.

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BELLEVUE
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Phone 454-4195

BREMERTON
801 11th Street
Phone 373-7939

BURIEN
601 S.W. 152nd Street
Phone 244-4300

EVERETT
2801 Wetmore Street
Phone 252-6366

LYNNWOOD
19419 Highway 99
Phone 778-5929

METRO
1400 Second Avenue
Phone 624-2350

PUYALLUP
109 N. Meridian Street
Phone 845-6851

SOUTH SEATTLE
212 Wells Avenue
Phone 442-1470

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2000 Tacoma Mall
Phone 472-9688

UNIVERSITY
1215 N.E. 65th Street
Phone 522-2644

WEST SEATTLE
5902 California S.W.
Phone 932-2400

PORTRAIT OF A PROFESSIONAL

TROOPER RICHARD FISHER OF THE WASHINGTON STATE PATROL, A VETERAN OF FIVE YEARS ON THE FORCE BELIEVES MORE BLACKS SHOULD LOOK IN DEPTH AT HIS PROFESSION.

Richard Fisher graduated from Garfield High School in June of 1962. At that time he started college planning to major in history. After completing two years he was drafted into the army. Like many inner city black men, he felt the need to identify himself, so he used his two year army hitch for that purpose.

The Army stationed Richard in Panama as a military policeman. While there he met and married Dianna Forde, of Panama. As a military policeman he began to realize for himself an idenity, that of a professional helper -- a human troubleshooter.

In 1967 he left the Army and decided to apply for the Washington State Patrol. Richard was accepted and became one of the first blacks on the WSP. "I felt that being a trooper would be both challenging and rewarding -- I could satisfy my desire to help others and at the same time make a change."

For Richard Fisher the job of patrolling the highways of this state is both an intense love and at the same time a frustration. "In the five years I've been in the patrol I've had some very rewarding moments helping people in need. I have kept people alive by using skills in which I have been trained. At the same time I've seen a lot of people who I could do nothing for but utter a prayer. It frustrates me to see young people pile into their big automobiles and drives to their deaths by trying to impress others. They fight so hard to live once its to late."

The Washington State Patrol has just launched a drive to recruit more minorities. Trooper Richard Fisher wants to help put out the word. "I feel that my profession is a fantastic one for minorities -- orientals, blacks, Indian Americans, chicanos. Once you get your commission as a trooper, within bounds, you are your own boss. When I pull up to an accident scene I am totally aware that lives depend on how I function. The color of my hands do not matter at all when I'm stoping a person from bleeding to death or adminstering mouth-to-mouth resusatation. All that the accident victem sees is that Richard Fisher, Trooper, Washington State Patrol, is on the scene."

"The question I'm often asked is 'Why should a black man join anybody's police force?' I simply answer 'Why Not.' I know for a fact that by my presence on the Patrol I can do more to culturally sensitize it than if I were not there."

"I'm also constantly being queried on what the jobs about. Just what is it that I do? I reply simply my main mission is to enforce the laws of the state and save lives. That can mean giving a citation for defective equipment or getting a drunk driver off the road. Sometimes it's convincing some youngsters that it would be safe for them not to play near the highways -- or explaining to a driver the proper method of entering a freeway."

Trooper Richard Fisher knows his profession well and he reflects that knowledge as he performs his saily duties. He is a member of a life-saving team and would like to see more awareness in the black community about the W.S.P. as a career.

"If you are at all interested leave your name and phone number at the FACTS office. I will personally respond to your questions. I know well that being on a police force is histocially foreign to our culture -- but times are changing. I'm evidence of that fact. The most important thing to remember is that 80 per cent of my work is involved in saving lives. Directly or Indirectly. Think it over and call Ea 4-0552. I could use your help."

State Horseshoe Tournament

A record turnout of approximately 150 Horseshoe Pitchers is expected for the Washington State Horseshoe Tournament to be held at Wright Park, Tacoma, on Sept. 2, 3, and 4. Play will begin at 10:00 a.m. each day.

Henry Knauft Spokane, will defend his title, won last year in 14 consecutive victories in which he maintained a 75.9% ringer average.

Anyone interested in qualifying for the tournament can find members of the Tacoma Horseshoe Club at Wright Park on Tuesday and Thursday Evenings. Entry fees and qualifying scores must be in the hands of the State Treasurer by 8/22/72.

John Brisker Signed With Seattle Of The NBA

John Brisker, 6'5" All-Star ABA forward has been signed to a multi-year contract with the Seattle SuperSonics of the NBA. Terms of the agreement were not disclosed by General Manager Bob Houbregs when he introduced Brisker at an afternoon press conference today.

The 25-year old Detroit native was the fourth leading scorer in the ABA last season with 28.9 points per game. He was drafted by the Pittsburgh Condors in 1969 and had played all his pro career with them. When the League recently re-aligned, John was free to negotiate with Dallas but they were unable to come to terms. He thus came to the Sonics a free agent.

Brisker played his college ball at Toledo University where he was also a pro football prospect at split end.

Coach Tom Nissalke, who watched Brisker play with the Condors is enthusiastic about the latest member of his club. "Brisker has great offensive talent and is a tremendous scorer from anywhere on the court. He handles the ball well and has good rebounding potential. I'm very excited about John becoming a Sonic."

Brisker joins Spencer Haywood, Jim McDaniels and Coach Nissalke who have all come to Seattle via the ABA since 1970.

John Brisker's Career Scoring Statistics - Pittsburgh.

Season	Games	Average
69-70	77	21.0
70-71	79	29.3
71-72	49	28.9
Totals:	205	26.0

The Mona Lisa was once stolen from the Louvre Museum in Paris—and wasn't recovered for more than two years.

General Calls For End To Racism In Marines

WASHINGTON - Gen. Robert E. Cushman, Jr., the Marine Corps commandant, has ordered an end to what he calls voluntary segregation practices that have grown up in the corps.

"No racial segregation is to be permitted in the barracks or other living areas," Cushman said in a letter to all Marine generals and commanding officers.

"This includes voluntary segregation which extends beyond a reasonable request by a few friends to bunk together."

Marine sources explained that some unit commanders had allowed black and white servicement to separate into racial groups living in different parts of their barracks.

As a result, the sources said, racial polarization has deepened and on occasion black and white factions have squared off against each other.

Thank You

The grand children of Mr. and Mrs. C. Gates have had a grand and glorious visit for two weeks and will now be departing for home. They return to Port Arthur Texas, on Monday Evening, they wish to thank the many friends for a pleasant stay in their fair city of Tacoma.

MARRIAGES AND MONEY: HOW THEY CAN GROW

In spite of those who say marriage is on its way out, indications are that it's here to stay.

In fact, it is predicted that by 1973 the number of weddings will surpass the record of nearly 2.3 million set in 1946.

The reason? In the next decade, in number alone, people in their 20s and 30s will outpace all other age groups.

Because of the baby boom following World War II, the tide of young people will grow by 18 million between now and 1980. These Americans are now coming of age, moving through college, marrying and raising families.

The implications of this population shift are tremendous to businessmen, politicians, and government officials. Politicians must begin to appeal to younger constituencies. Governments at all levels expect more pressure for change from these young adults — people with flexible ideas and habits; and as a whole, better educated than their elders. Business will have to produce housing, appliances, furniture, and baby products, which will be needed in greater abundance.

Despite recent emphasis on zero population growth and the drop in the birth rate, another baby boom will take place in the '70s. Births, after declining for more than a decade, are starting to move up again because more women have reached childbearing age. So, even with the trend toward smaller families, the rising number of families being formed will push total births to new highs. The total in the '70s should top the '60s by around 4 million babies.

If you are eagerly but apprehensively entering the world of marriage and child-raising, you can draw comfort from the fact that many others face the same day-to-day problems that sometimes seem so insurmountable to you. Among the most important is how to manage your money.

Experts advise young couples to establish a simple, realistic, and workable budget — and stick to it!

A good budget should include a safeguard against emergencies. And there should be a sum set aside regularly for savings.

But don't be short-sighted. With everything that's happening to you now, it is all to easy to overlook long-range financial goals such as the education of your children and your retirement. The wise couple will start now to put some of their

earnings into a good long-term investment that has the prospect of bringing them a greater return on their money than a savings account. Mutual funds can be such an investment. Over five million American families now own mutual fund shares.

Many more millions of American families have no idea of the long-term investment record of the mutual fund industry. Many don't know, for example, that $10,000 in 1950 would have grown to more than $90,000 in 1971 if invested in an average of mutual funds operating over that period.

A mutual fund is a way for people having similar investment goals to pool their money in an effort to achieve those goals. By combining their investments, these people are able to engage professional investment managers at a cost which is divided among all shareholders. The fund's function is to invest the money of its shareholders in selected and diversified securities. And since the money invested is spread over many securities, the risks that are inherent in any equity investment tend to be reduced.

For more detailed information on mutual funds, write for the free brochure, "Why Five Million Families Own Mutual Funds," published by the Investment Company Institute, 1775 K Street, N. W., Washington, D. C., 20006.

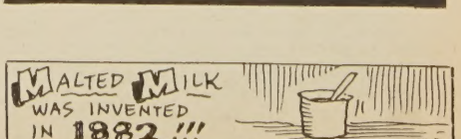
yard and bake sale

August 17-18-19, 1314 So 23rd.

RUMMAGE ITEMS

10¢ 15¢ & 25¢

Sheridan St. Church of God Home Missions



Pictured is FACTS Editor in the Hills of Virginia. While visiting friends and relatives, Beaver took a little time out to do a little "Muleing Around." The instrument he is holding is a plow (in case someone might wonder)

The person on the left is Beaver.

Misunderstanding creates some of the racial tensions

Misunderstanding is the cause of many racial problems in the military. One question that has arisen is, "Why are some black men allowed to wear beards while the rest of us are forbidden?"

It's not what some people are calling it—reverse discrimination. It's a medical problem common to young men and particularly to black men and it's called pseudo-folliculitis.

This disease, also called ingrown beard, is a chronic, pimple-like inflammation of the beard area particularly along and below the jawline and on the throat and, once started may be cured by letting the beard grow and proper hygiene.

Not caused by shaving as some people think, ingrown beard is caused by the way a man's beard grows. The black man's beard grows in a curved follicle and describes a short arc so that a beard hair comes right back in contact with the skin.

The end of the beard hair may just slide along the skin until a harmless coil has formed but it may also penetrate the skin and be driven through the stratum corneum, the epidermis and into the dermis (three layers of the skin).

An inflammatory reaction occurs and usually a simple abcess develops and is aggravated by the presence of skin bacteria. This is the disease, pseudofolliculitis or ingrown beard

Once the disease has started and been diagnosed, the cure is relatively simple: don't shave. Allowing the beard to grow results in a temporary worsening of the disease as the hair penetrates deeper into the skin, but in approximately two weeks the hair will begin to pull back out of the abcess.

Eventually the hair pulls completely free of the skin and the abcess fades away after the disease has run its course which usually takes from two to three months.

Resumption of shaving does not mean a certain return of ingrown beard and, in fact sticking to a rigid schedule of shaving is the basic preventive measure in combating ingrown beard.

Using a very low setting on an adjustable razor and shaving often enough so that the hair does not grow long enough to complete its arc and dig into the skin is recommended.

Shaving with a low blade angle, it is almost impossible to cut the skin or even the tops off of bumps or pimples which must be particularly avoided by black men. It is sometimes recommended that they leave a light stubble.

Scrubbing the beard area daily will help to dislodge any hairs that might be cutting into the skin and they can also be freed manually with a sharp toothpick. They should not be plucked but left until the next shave.

So the next time you see a black man in uniform with a beard, you don't have to wonder just why he's getting away with something that you can't. He's probably got pseudofolliculitis and it's being treated medically by a popular method—letting the beard grow.

A SUBURBANITE PUT on a last-minute spurt of speed to catch his train—but missed it. A bystander remarked, "If you had just run a little faster you would have made it."

"No," the suburbanite replied, "it wasn't a case of running faster, but of starting sooner."

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DICK BASS RETIRING FROM PRO—FOOTBALL TO PURSUE AN ACTING CAREER

Retiring from pro-football in 1971 to pursue an acting career, former Los Angeles Rams running back, Richard "Dick" Bass, has decided to explore the production side of the camera.

Bass, whose acting credits include television's Daktari," "Young Lawyers" and "Bracken's World," in addition to his feature film debut in the "Grasshopper," is currently serving as marketing consultant for Metro-Goldwyn-Mayer's "Melinda" which stars Calvin Lockhart and Rosalind Cash.

For eleven years the Rams leading rusher, Bass set team marks for most yards gained; longest punt return - 90 yards, and gaining 1000 yards or more for two seasons. He was also among the top five NFL rushers each of his eleven seasons, and was number eight on the NFL's list of all-time ground gainers.

MGM's "Melinda," filmed on location in Los Angeles, was produced by Pervis Atkins and directed by Hugh A. Robertson. The screenplay by Lonne Elder, III, is based on a story by Raymond Cistheri. Vonetta McGee, Paul Stevens, Rockne Tarkington and Ross Hagen co-star.

Sgt Dwight Hughes

Check-up

School physical at MGH scheduled for late August

Sports and school physical examinations will be given to children, 13 years of age or older at Madigan General Hospital starting at 1 p.m., August 23 and 30.

Appointments are mandatory and may be made by calling 7-6991 or in person at the central appointment desk at MGH from 8 a.m. to 4 p.m., Mondays through Fridays.

Boys with appointments will be examined at the adult clinic while girls with appointments will be seen in the pediatric clinic.

Patients with appointments are asked to bring a fresh urine specimen, the examination form and the recording (hospital) card.

SCIENTIST HONORED

WASHINGTON, D.C. - NASA today honored Dr. George R. Carruthers of the Naval Research Laboratory here for the development of man's first moon-based space observatory, carried to the lunar surface by the Apollo 16 astronauts in April. In a special ceremony at the space agency's headquarters, NASA Administrator Dr. James C. Fletcher presented Dr. Carruthers, one of the nation's outstanding black astro-physicists, with NASA's Exceptional Scientific Achievement Medal.

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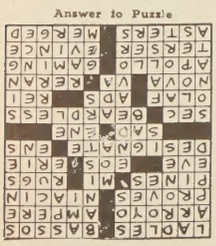
14. Unit of current
15. Verifies
16. Nicotinic acid
17. Evergreens
18. Musical note
19. Carpets
20. Night before
21. Dawn goddess
22. Great lake
23. Specify
27. Printer's measures
28. Unhappy
29. Compass point
31. Dry
34. Without facial hair
39. Norwegian king
41. Public notices
42. Portuguese coin
43. New star
44. State: abbr.
45. Raced again
47. God of light
49. Gambling
50. More brief
51. Display
52. Flowers
53. Absorbed

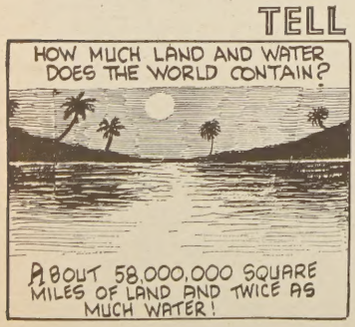
DOWN

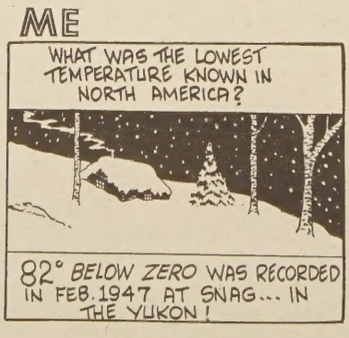
1. Folded over
2. Reached
3. Male bees
4. Affection
5. Sight organs
6. Distress call
7. Staircase railings
8. French friend
9. Scanty
10. Safe
11. Source
12. Perceives
18. Flightless bird
21. Strives
24. Exists
25. Chatter
26. Finish
30. Building wing
31. Musical composition
32. Runs away
33. Prance
35. Girl's name
36. Sinning
37. Session
38. Scorched
40. Untrue
45. Rant
46. Prince
48. Celtic sea god
49. Jewel

Answer to Puzzle



TELL ME





BLEEDING — FOR A CAUSE
Sgt 1/c Jessie G. Goff gives blood during the Red Cross Blood Drive July 28. Attending him is Mrs. Maise Studer, Head Nurse.

July blood drive collects 112 pints for Red Cross

The Red Cross Blood Drive, held July 28 at the Jensen Gym, netted 112 units of much-needed blood from Fort Lewis donors.

Top donating units were DISCOM, with the 709th Maint Co giving 25 pints. The 15th Spt Bde followed close behind with a 24 pint donation.

Maj Gen William B. Fulton, 9th Inf Div-Fort Lewis CG, visited blood donors at the Gym.

The next drawing will be held Aug 25 at Jensen Gym from 9 a.m. to 12 noon. The ladies of the Red Cross urge you to give to help others.

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HERBIE HANCOCK

Composer-pianist Herbie Hancock, whose new Warner LP, "Crossings," has taken the country by storm, opens a ten-day engagement at the Gallery Wednesday, August 16. Hancock and his septet will be appearing at the Seattle nightery through Saturday, August 26.

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Miss Black Teenage America

Miss Black Teenage America, Gail Monroe, Springfield, Massachusetts, receives warm congratulations and a Kodak Instamatic camera from Charles W. Wilson, Public Affairs Department, Eastman Kodak Company, following the pageant finals in Richmond, Virginia.

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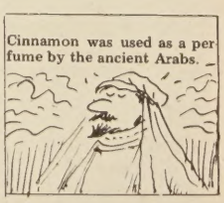

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